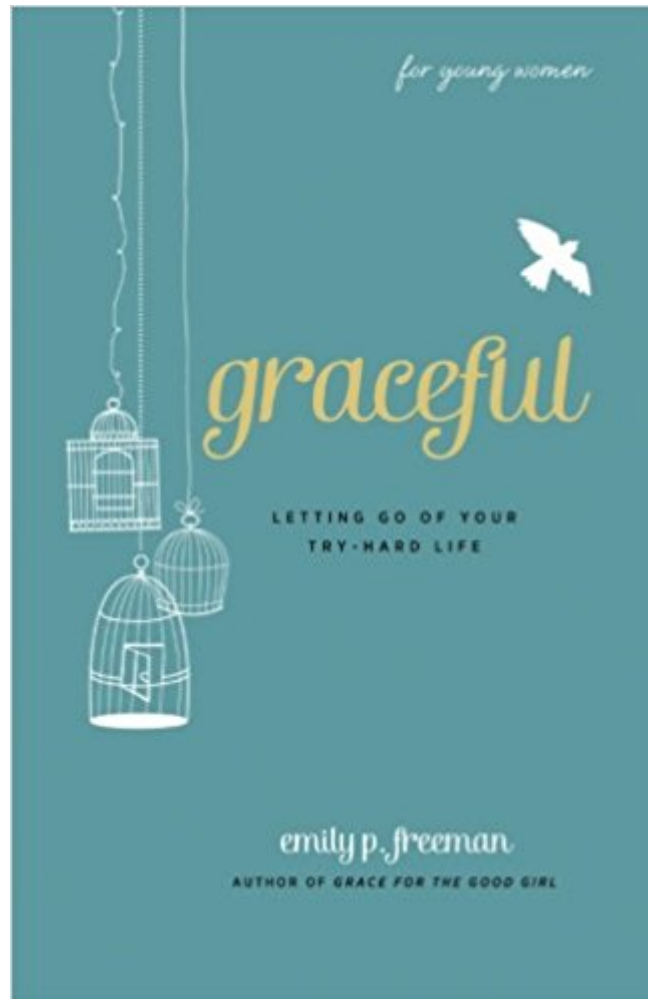


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# Graceful (For Young Women): Letting Go Of Your Try-Hard Life



## Synopsis

Popular (in)courage blogger encourages teen girls to transform faith from a list of things to do to a personal relationship with Jesus.

## Book Information

Paperback: 176 pages

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Product Dimensions: 5.5 x 0.4 x 8.5 inches

Shipping Weight: 10.1 ounces (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars [See all reviews](#) (47 customer reviews)

Best Sellers Rank: #37,463 in Books (See Top 100 in Books) #39 in [Books > Christian Books & Bibles > Children's & Teens > Teens](#) #40 in [Books > Teens > Religion & Spirituality](#) #7737 in [Books > Religion & Spirituality](#)

## Customer Reviews

The premise behind *Graceful: Letting Go of Your Try-Hard Life* is that we all hide behind masks that affect our actions and the way we relate to others. For example, there's the Actress mask. The Actress fears that she's inadequate and feels that she must always perform well in order to be accepted. Therefore, she hides behind her good performance because that's where she finds her value. There's also the Judge mask that hides behind rules and fears failure, and the Heroine who hides behind strength/responsibility and fears weakness. Eight different masks are covered in the book, and let me tell you, I related to each mask in one way or another. Emily P. Freeman has tapped into a group that is often overlooked--the "good" girls. I think most devotionals don't target good girls because they assume that they have no problems. But in reality good girls do have weaknesses; they're just hidden or considered socially acceptable. Reading Emily's words, I felt like I was listening to the big sister I never had because not only did she understand me, but she'd been-there-done-that. The insights and wisdom from her experiences will help good girls to overcome their fears and try-hard mentality. *Graceful* is one of those books that should be read annually to refresh, inspire, and keep you sane. It holds up a mirror that shows your every strength and frailty, and then reminds you that God loves you--all of you. We don't have to hide from Him. Instead, we can find safety hiding in His grace.\*\*\*A side note: Before reading *Graceful* (which is

geared for teens/young women), I read Grace for the Good Girl (which is geared for adults/women). I was pleasantly surprised to find that when Emily revamped her book for a younger audience, she didn't water down the message.

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